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Women Abuse Screening Tool (WAST) (8 questions)

Brown et al. (2000)

Instructions

Response Options

Please refer to the "Items" below.

Items

1. In general, how would you describe your relationship...

- ☐ A lot of tension
- ☐ Some tension
- ☐ No tension

2. Do you and your partner work out argument with...

- ☐ Great difficulty
- ☐ Some difficulty
- ☐ No difficulty

3. Do arguments ever result in you feeling put down or bad about yourself?

- ☐ Often
- ☐ Sometimes
- ☐ Never

4. Do arguments ever result in hitting, kicking, or pushing?

- ☐ Often
- ☐ Sometimes
- ☐ Never

5. Do you ever feel frightened by what your partner says or does?

- ☐ Often
- ☐ Sometimes
- ☐ Never

6. Has your partner ever abused you physically?

- ☐ Often
- ☐ Sometimes
- ☐ Never

7. Has your partner ever abused you emotionally?

- ☐ Often
- ☐ Sometimes
- ☐ Never

8. Has your partner ever abused you sexually?

- ☐ Often
- ☐ Sometimes
- ☐ Never

Additional Information

Items 1 and 2 are scored 0 or 1. Responses of “a lot of tension” or “great difficulty” are assigned 1 point, and all other responses are assigned 0 points. Maximum score is 2 points.

The remaining six items are designed to provide a more comprehensive assessment of abuse by asking respondents how often they experience various feelings and situations on a scale from 1 (often) to 3 (never).

Citation

Brown, J. B., Lent, B., Schmidt, G., & Sas, G. (2000). Application of the Woman Abuse Screening Tool (WAST) and WAST-short in the family practice setting. *Journal of Family Practice*, 49(10), 896–903.